

Building Capacity for Systems Change and Program Sustainability

UA, Zuckerman College of Public Health
Steps to a Healthier Arizona
Quarterly Partners Meeting
Casa Grande, December 11, 2006

Promoting Health and Wellness with Child Care Providers

- n Nutrition and Physical Activity Self Assessment for Child Care (NAPSACC)
- n Yuma County 2005-2006
- n 21 centers in 5 communities
 - 11 Head Starts (WACOG), 1 Tribal Head Start
 - 3 YMCA centers
 - 1 college center (Arizona Western College)
 - 4 private for profit
 - 1 school based
- n 170+ staff / 1130+ children

Early Successes

“We can already see the differences in what the children are bringing for lunch. They are bringing things like strawberries or whatever produce is in season. The staff are more aware and are making suggestions to parents. Thank you.”

-Director, WACOG Head Start

Early Successes

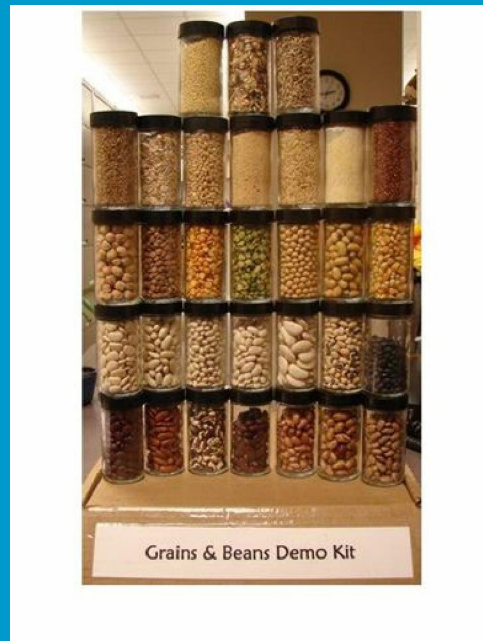


Early Successes

“I stopped by the Cocopah Head Start center and was asked by program staff to please look at the snack tray. Part of their action plan was to provide the children with more fresh whole grains, and fruit instead of fruit juices. The snack tray included a beautiful variety of fresh fruits and a bowl of whole grain muffins. I regretted not having a camera with me because it was a beautiful, nutritious tray of snacks.”

- NAP SACC Facilitator, YCPHSD

Early Successes



“I Love My Job!”